



# Action Family ATA Martial Arts

Name: \_\_\_\_\_

Fill out and Return by the due date in order to test for your next rank

<b>Rank: Yellow Belt</b>											
<b>Yellow Belt means:</b>											
<ul style="list-style-type: none"> <li>➤ The seed is beginning to see the sunlight.</li> <li>➤ The student begins to understand the basics of Songahm Taekwondo.</li> <li>➤ The sun appears to be yellow.</li> </ul>											
<b>Testing Requirements:</b>											
<ul style="list-style-type: none"> <li>➤ Suggested Minimum Number of Classes to Test: 16</li> <li>➤ Rank Form: Songahm Two or Songahm Three</li> <li>➤ One-Step Sparring: One-Step #1, #2 and #3</li> <li>➤ Songahm Spirit of Taekwondo</li> </ul>											
<b>Every time you practiced check it off in the boxes below</b>											
Practice what you know- even if its just a few moves											
Your Rank Form											
One-Step #1											
One-Step #2											
One-Step #3											
Songahm Spirit of Taekwondo											
<ul style="list-style-type: none"> <li>_____ Test for your Form Stripe</li> <li>_____ Test for your One-Steps Stripe</li> <li>_____ Test for Your Detail Stripe</li> <li>_____ Turn your Goal Sheet in at class for a Green Star</li> </ul>											

My child has **completed all practices** and has **demonstrated a Positive Black Belt Attitude** at home and school during the Testing Cycle. I hereby give him/her my permission to achieve his/her next Belt Rank at Testing.

**Testing Fees for White- Rec. Black- See front counter**

**All fees must accompany Testing Goal Sheets**

**Life Skill Sheets must accompany Testing Goal Sheets**

**All Testing Sheets turned in on or before the Due Date will receive \$10.00 off Testing.**

**All students Testing for Camo Belt MUST upgrade to Black Belt Club before Testing**

\_\_\_\_\_ Cash      \_\_\_\_\_ Check      \_\_\_\_\_ Run Credit Card on file

Parent Signature: \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_