



**Action Family ATA Martial Arts**  
**White/Orange/Yellow Belts Permission to Test Sheet**

Name: \_\_\_\_\_

Practice your rank form and one-steps. Remember to practice using strong, powerful and proper kicks, strikes, blocks and stances with good timing. Mark the box below with the date

Your Rank Form	One-Step #1	One-Step #2	One-Step #3

Match the Korean word to its English meaning	What is this month's life skill?
Char-reot <input type="checkbox"/> <input type="checkbox"/> Stop Kyeong Nae <input type="checkbox"/> <input type="checkbox"/> Start/Begin June Bee <input type="checkbox"/> <input type="checkbox"/> Get ready She Jahk <input type="checkbox"/> <input type="checkbox"/> Attention Bah Ro <input type="checkbox"/> <input type="checkbox"/> At Ease Shi Uh <input type="checkbox"/> <input type="checkbox"/> Bow Keu Mahn <input type="checkbox"/> <input type="checkbox"/> Return to ready position	_____ What does it mean?       *Extra- have someone nominate you for a Blue Star showing how you have used this life skill.

Parent's Permission
My child has completed all practices and has attended class regularly and has been demonstrating a Positive Attitude at home and school, showing Respect to self, other people and property, and displaying Self-Control over words and actions during the Testing Cycle. I hereby give him/her my permission to achieve his/her next Belt Rank at Testing.  Parent Signature: _____ Date ____/____/____

**\*\*\*\*Turn your testing sheet in one week before testing and receive a Green Star for your star bar.\*\*\*\***

**Color Belt Testing Fees: \$60.00**

See front counter for due date

( )Cash ( )Check ( )CC ( )Run CC on file

**\*\*\*\*All students Testing for Camo Belt MUST Purchase Sparring Gear before Testing\*\*\*\***