

SUMMER CAMP 2010



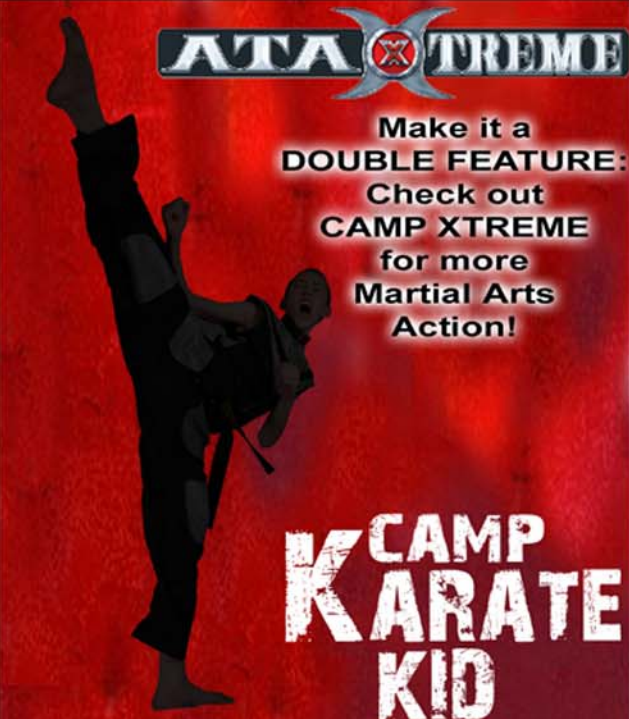
Join us for two weeks of dynamic Martial Arts Training!



Week One Camp Karate Kid June 7th-11th

Karate Kids/Teens: 9:00am-2:00pm
Tiny Tigers: 9:00am-11:30am

Camp Karate Kid is a week of traditional Martial Arts training. Campers will learn Martial Arts skills, test their ability with the long staff and get fit with ATA Fit- all while working on life skills, leadership skills and teamwork skills. At the end of the week we'll put it all together by checking out Jackie Chan's new movie- The Karate Kid!



ATA XTREME

Make it a **DOUBLE FEATURE:**
Check out **CAMP XTREME** for more **Martial Arts Action!**

CAMP KARATE KID

ATA MARTIAL ARTS

COMING THIS SUMMER
to Action Family ATA Martial Arts



Week Two Camp Xtreme July 5th-9th

Karate Kids/Teens: 9:00am-2:00pm
Tiny Tigers: 9:00am-11:30am

Camp Xtreme will take traditional Martial Arts to the extreme. Campers will take basic Taekwondo skills and add a mix of acrobatics, high flying kicks, creativity and music to create their own movie-style Martial Arts scenes and demonstrations. We'll take all our Martial Arts and fitness drills to the next level for an action-packed week!

FUN!
FRIENDS!
FITNESS!



No experience necessary

**Camps fill up quickly-
call today**

303-279-7795

Action Family ATA Martial Arts
710 Golden Ridge Rd. #124
Golden, CO 80401
www.ActionFamilyATA.com