



Action Family ATA Martial Arts

Name: _____

Fill out and Return by the due date in order to test for your next rank

Rank: Brown Belt

Brown Belt means:

- The tree is firmly rooted in the earth.
- At this point the student has mastered the basics and developed deep roots in Taekwondo.
- Brown is known as an earthy color, such as dirt.

Testing Requirements:

- Suggested Minimum Number of Classes to Test: 16
- Suggested Minimum Number of Sparring Classes to Test: 4
- Suggested Minimum Number of Black Belt Club Classes to Test: 4
- Rank Form: Choong Jung One
- Old Forms: Songahm One, Songahm Two, Songahm Three and Songahm Four OR Five
- Board Breaks: Combination Break- one hand technique one kick

Every time you practiced check it off in the boxes below

Practice what you know- even if its just a few moves

Choong Jung One																	
Songahm One and Two																	
Songahm Three and Four OR Five																	
Board Brake Technique																	
Self-Defense (Black Belt Club)																	

- _____ Test for your Form Stripe
- _____ Test for your Board Break/Old Form Stripe
- _____ Test for Your Detail Stripe
- _____ Turn your Goal Sheet in at class for a Green Star

My child has **completed all practices** and has **demonstrated a Positive Black Belt Attitude at home and school** during the Testing Cycle. I hereby give him/her my permission to achieve his/her next Belt Rank at Testing.

Testing Fees for White- Rec. Black- See front counter

All fees must accompany Testing Goal Sheets

Life Skill Sheets must accompany Testing Goal Sheets

All Testing Sheets turned in on or before the Due Date will receive \$10.00 off Testing.

_____ Cash _____ Check _____ Run Credit Card on file

Parent Signature: _____ Date ____/____/____