



Action Family ATA Martial Arts

Name: _____

Fill out and Return by the due date in order to test for your next rank

Rank: Blue Belt

Blue Belt means:

- The tree reaches for the sky toward new heights.
- Having passed the mid-way point, the student focuses his/her energy upward toward black belt.
- The sky appears as blue.

Testing Requirements:

- Suggested Minimum Number of Classes to Test: 16
- Suggested Minimum Number of Sparring Classes to Test: 3
- Rank Form: In Wha One or In Wha Two
- Old Forms: Songahm One, Songahm Two and Songahm Three
- Board Breaks: One break with a hand technique

Every time you practiced check it off in the boxes below

Practice what you know- even if its just a few moves

Your Rank Form																
Songahm One																
Songahm Two																
Songahm Three																
Board Brake Technique																

- _____ Test for your Form Stripe
- _____ Test for your Board Break/Old Form Stripe
- _____ Test for Your Detail Stripe
- _____ Turn your Goal Sheet in at class for a Green Star

My child has **completed all practices** and has **demonstrated a Positive Black Belt Attitude at home and school** during the Testing Cycle. I hereby give him/her my permission to achieve his/her next Belt Rank at Testing.

Testing Fees for White- Rec. Black- See front counter

All fees must accompany Testing Goal Sheets

Life Skill Sheets must accompany Testing Goal Sheets

All Testing Sheets turned in on or before the Due Date will receive \$10.00 off Testing.

_____ Cash _____ Check _____ Run Credit Card on file

Parent Signature: _____ Date ____/____/____